



Please Note: Information shown is constantly updated as required. We are also in the hands of Mother Nature, and as such we have no control over the weather. From year to year seasons can fluctuate which may have an impact on availability. We are committed to finding the best products for you, our customers and with this in mind it may be necessary for us to source foreign products during the British season.

UK & Overseas - Overseas Only - UK Only -

Salad	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Iceberg	Overseas Only				UK & Overseas						Overseas Only	
Lollo Rosso	Overseas Only				UK & Overseas						Overseas Only	
Apollo	UK & Overseas											
Coarse Endive	Overseas Only				UK & Overseas						Overseas Only	
Red Multi Leaf	Overseas Only				UK & Overseas						Overseas Only	
Red Salanova	Overseas Only				UK & Overseas						Overseas Only	
Spinach	UK & Overseas											
Rocket	Overseas Only			UK & Overseas						Overseas Only		
Red Chard	Overseas Only			UK & Overseas						Overseas Only		
Baby Red Leaf	Overseas Only			UK & Overseas						Overseas Only		
Bulls Blood	Overseas Only			UK & Overseas						Overseas Only		
Baby Green Kale	Overseas Only				UK & Overseas						Overseas Only	
Mizuna	UK & Overseas											
Watercress	Overseas Only				UK & Overseas						Overseas Only	
Cabbage	UK & Overseas											
Lambs Lettuce	UK & Overseas											
Pea Shoots	UK & Overseas											
Chinese leaf	Overseas Only					UK & Overseas						Overseas Only
Cos	Overseas Only					UK & Overseas						Overseas Only
Radicchio	UK & Overseas	Overseas Only	UK & Overseas									
Escarole	UK & Overseas											

Vegetables	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Cucumber	Overseas Only											
Peppers	Overseas Only											
Carrot	UK Only		UK & Overseas				UK Only					
Beetroot	UK Only			UK & Overseas			Overseas Only		UK Only			
Cherry Tomatoes	Overseas Only							UK & Overseas				
Onion	UK & Overseas											

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